

Crafting Your
PURPOSE

Crafting Your **PURPOSE**

Welcome to Your Course!

We're With You to Help Others, Change the World and Create a Life & Work You Love

Introduction

Hi I'm Travis and I'm so happy that you have joined us for the *Crafting Your Purpose* course! This is my foundational course on creating a life and work you love, helping others and changing the world. It all starts here.

I've designed each week to be simple & impactful for you, and I've only chosen exercises that have really made a difference in my life.



What Can You Expect

We will spend four weeks together focused on four themes: your values, your most important roles, your remarkable people and your awesome project. Here's how it will go:

Week 1 - Your Values

We will take a close look at **the values that matter most to you**. This will provide you focus & perspective and help guide everything that comes next.

Week 2 - Your Most Important Roles

We will redefine the **roles that are highest priority in your life**. This will allow you to schedule your big rocks and put first things first every week.

Week 3- Your Remarkable People

We will reflect on **the people who are most special to you**. These are your remarkable advisors and will be reaching out to them in a creative way.

Week 4 - Your Awesome Project

We will put everything to work on **a project you've been afraid to do**. This will take us to expected places, but is guaranteed to be awesome.

Moving Forward

Thank you again for joining the course, I'm really excited about what's to come for you! I really want these lessons and the exercises that lead each week to be meaningful for you and if I can ever be helpful to you please reach out to me on our course website at travishellstrom.com/purpose.

Our First Exercise

Let's jump into our first exercise, *Your Values*, where I introduce you to a wonderful friend of mine and we explore what matters most to you in your life!

Click Here to Get Started!

